

The following Wellbeing Awards recognise, and celebrate, the contribution of individuals and organizations involved in the promotion of mental health and wellbeing within the Colac-Otway region.

### **Youth Award:**

This award is to be presented to a young person aged between 12-25 years who has made a significant contribution to the promotion of mental health and wellbeing within the community. This person may / or may not be personally affected by mental health issues; may be supporting another individual and / or a group of individuals affected by mental health issues; and / or be engaged in activities that promote mental health and wellbeing within the community.

### **Member of the Community:**

This award recognises an individual who has made a significant contribution to the promotion of mental health and wellbeing within the community. This person may / or may not be personally affected by mental health issues; may be supporting another individual and / or a group of individuals affected by mental health issues; and / or be engaged in activities that promote mental health and wellbeing within the community.

### **Employee Award:**

This award recognises an individual employee who promotes mental health and wellbeing within the workplace. The person may / or may not be personally affected by mental health issues. This employee may be providing individual support to staff and/or promoting activities which focus on positive mental health and wellbeing. Examples of activities in which this employee may be involved include encouraging and / or supporting fellow staff members to seek assistance when faced with issues impacting upon their mental health; the promotion of recognised mental health days; provision of materials advising of available mental health services; and / or promotion of inclusiveness via supported employment.

### **Community Organisation Award:**

This award recognises an organisation, agency, business or school within the community which promotes positive mental health and wellbeing. Activities recognised via this award include, but are not restricted to, the provision individual case management; health promotion activities; provision of information pertaining to mental health and wellbeing; and / or promotion of inclusiveness, participation and connection via support of individuals personally affected by mental health issues.

### **Mental Health Champion:**

This award is presented to a person or organisation which has excelled in the promotion of mental health and wellbeing, and shown an exceptional (unending / enduring) commitment to improving the lives of those who may be affected by mental health issues.

**If you believe that an individual and / or an organisation is deserving of one of the above awards, please complete the attached nomination form.**

**If you are aware of an individual and / or an organisation deserving of one of the following awards, please complete the attached nomination form.**

# Colac-Otway Wellbeing Awards Nomination Form

If you are aware of an individual and / or an organisation deserving of one of the following awards, please complete the attached nomination form.

**Category:** (Please tick one category only)?

- Youth Award
- Member of the Community
- Employee
- Community Organisation
- Mental Health Champion:

Please forward completed nomination forms to Colac-Otway Mental Health Week Committee

C/- Carolyn.gatti@diversitat.org.au

## **Nominee:**

Name of Organisation:

Group:

Name of Individual:

Age:

Address:

Contact Details: Mobile:

Landline:

Email:

## **Nominator:**

Name:

Organisation (If applicable):

Address:

Contact Details: Mobile:

Landline:

Email:

In what capacity do you know the nominated individual / group?

**In 500 words (or less) please tell us why you, the nominator, believe the nominated person/organisation is deserving of a Wellbeing Award.**

**If you have additional information (photos, certificates, articles etc) to support this nomination please attach copies to this nomination form.**

**Declaration:**

I \_\_\_\_\_ (Nominator) certify that, to the best of my knowledge, all of the information and statements concerning this nomination are true and correct.

Signature:

Date:

**For further information regarding the awards, and / or nomination forms, please contact Caz Gatti**

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